



**Caroline
Chisholm
Society**

Newsletter

Summer Edition – February 2014

SUPPORT GROUPS 2014

We are planning several groups for families in the community.

Term 1: Supported playgroup for young mums, City of Melton, Wednesdays.

Term 2: 'Bringing up Great kids, the Early Years', Western Melbourne, for mums with children aged 0-5 yrs.

Term 3: Sing & Grow, Wyndham.

Term 4: Supported playgroup, Wyndham.

Are you practical? Please volunteer!

We're looking for handy helpers, to do jobs around the homes of pregnant women and those with little children in Western Melbourne. This role suits budding and retired tradies.

We're also looking for volunteers to come to our offices and sort new and pre-loved baby and maternity goods. This role suits those who can stand at a sorting table and wash and fold clothes.

Volunteers can work for as many hours as they wish.

Contact Glenda Rumble on
03 9361 7000 or
grumble@caroline.org.au

Our clients currently need newly purchased singlets in sizes 000-1

PLEASE DONATE

9am-5pm, weekdays at 12 Shuter Street, Moonee Ponds.

Mother's Day Cards ready to order soon!

This Mother's Day, give Mum a card from Caroline Chisholm so we can help a mum raise her children as beautifully as your Mum raised you.

Want one? Let us know at secretary@caroline.org.au

From the CEO

I'm having dinner. Are you?

In 2014, Caroline Chisholm Society needs to raise funds for our new office in Mt Alexander Road, Essendon.

We want a building that allows us:

- to remain in Moonee Valley, serve our community & keep our partnerships;
- to have clients and volunteers in a welcoming and fit-for-purpose space that satisfies our property needs for 30+ years; and
- to increase our support for pregnant women and young families in areas of demand, such as housing and mental health.

We have enormous community support for this project; 75% of the \$1.6m target for funds has already been raised by Caroline Chisholm Society, local donors, philanthropic trusts and our members. Now it's time for me to ask you too to help us.

I'm asking everyone who reads this to have dinner with your friends and family and to ask your visitors to bring \$20 to donate that to Caroline Chisholm Society.

What am I doing? For dinner at my place, I'm asking my friends to come twice! And I'm making sure the everyone knows that the project has significant community support and they too should support this project.

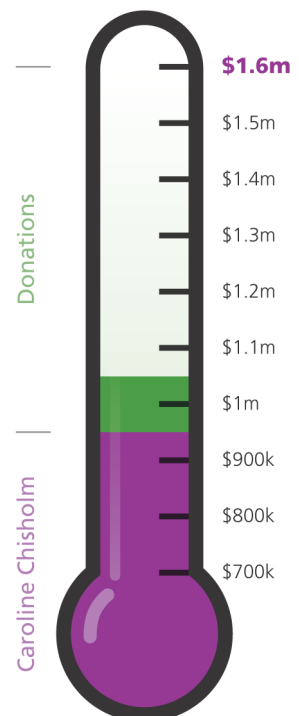
With thanks for any support you can offer.

Helen
Helen Cooney

Future home of Caroline Chisholm



**Fundraising Target
\$1.6 million**



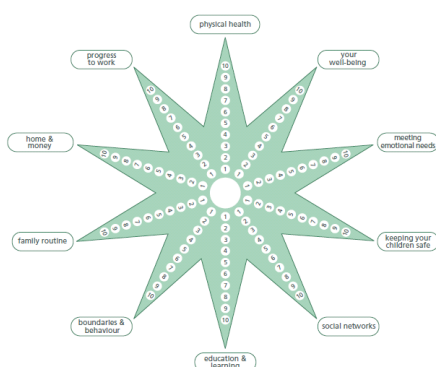
Donate now at
www.carolinechisholmsociety.com.au
Supporting pregnancy, children and families

Strathmore
Community Bank @Branch
Bendigo Bank



NELSON ALEXANDER

Implementing an outcomes star ...



Caroline Chisholm Society is implementing an Outcomes Star™. We will be using the Family Star Plus. It allows clients to take a reading at or near the beginning of a their time with the Society.

Using scale descriptions, the client identifies with the worker where on their ladder of change they are for each outcome area. Each step on the ladder is associated with a numerical score so at the end of the process the scores can be plotted onto the service user's Star.

The process is then repeated at regular intervals and the data can be used to track progress, to measure outcomes achieved by the program and to benchmark with similar projects and client groups.

Pregnant? Young Family?

The Caroline Chisholm Society is here for you.

The Caroline Chisholm Society supports pregnant women and families who have children under school age.

For free and confidential information, support and referrals ask for an appointment on:

- (03) 9361 7000, or
- 1800 134 863

Spotlight on ...

Goulburn Valley

Last year, Goulburn Valley Pregnancy and Family Support celebrated 35 years of continuing service in the Goulburn Valley and is situated at 15a St Andrews Road Shepparton (a former church hall). It is funded by local fundraising (such as an enormously successful garden party at Bunbartha) and philanthropic organizations (like The Community Fund Goulburn Valley and the Foundation for Rural & Regional Renewal). Last year, the GVPFS supported over 500 clients.

At the time of drafting, the Victorian government and opposition are talking about providing a multi-million-dollar assistance package to SPC Ardmona to ensure the cannery continues to operate. The opposition has committed \$30million to the help.

Enter "SPC Ardmona" into your search engine to be up to date. Here is an excerpt about Shepparton from the journalist Daniel Flitton:

The population of Greater Shepparton is diverse. The region is home to more than 60,000 people and some predict the area will grow by almost 20,000 over the next two decades.

Migrant and indigenous communities are the largest in Victoria outside Melbourne. Long-standing Italian, Greek and Albanian settlement has been augmented by 3000 Iraqis, 1300 Afghans and 1200 Sudanese, according to the local ethnic council.

*But there is disadvantage. Shepparton ranks poorly compared with other local government areas. Education qualifications are typically lower than the state average, teen pregnancy rates are headed upwards. Substance abuse abounds, particularly the drug ice. **But it doesn't take much effort to connect with impassioned people working to fix the problems.***

Mayor Jenny Houlihan is fed up with outsiders knocking the city. "We are going forwards, not backwards," she insists. Crime is no worse in Shepparton than other regional cites - a claim generally supported by Victoria Police statistics - and vacant shops can be found anywhere.



Contact us ...

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